



6119 Landmark Center Blvd.
Greensboro, NC 27407
(336) 852-1515
www.greensboroice.com



Freestyle sessions are \$4.50 per 30 minute block, or skaters may use freestyle punch cards.

Skaters must sign in at snack bar and pay or "punch" prior to stepping on the ice.

Freestyle Punch Cards:
(20 punches each)
1 card = \$77.50
2 cards = \$150.00
3 cards = \$220.00
4 cards = \$280.00

Skate rental is \$3, if needed.


Please be aware that freestyle session times are subject to change.

Walk-on pricing is available for our specialty classes! Ask for details at snack bar counter!

Club Ice is hosted and run by Summit Figure Skating Club. Tuesday Club sessions are 1.5 hours of ice time. Club ice fees are: \$12 for club members and \$16 for non-members paid by cash or check to a SFSC board member in the eatery. Club Ice private lesson fees are paid directly to coaches. All other lessons are paid at the snack bar counter.



July 2010 Freestyle Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Freestyle sessions are open to skaters who have passed USFS Basic Skills level 4 and up. Lower level skaters are permitted to skate, <i>if in a lesson</i>. Freestyles are focused practice sessions for skaters motivated to develop their skills; no horseplay, idle or shadow skating permitted. Rules of the Ice, Skater & Parent Codes of conduct must be followed. Skaters must sign in and pay or punch for sessions prior to stepping on to the ice. Skaters will be charged for partial sessions. Skaters should wear athletic attire and long hair should be secured up and off the face. Please collect all belongings and dispose of tissues in receptacles at the end of sessions.</p>				1 5:30-8:30am 8:30-9:00am Program Run Through	2 5:30-8:30am 8:30-9:00am High Conditioning 3:15-5:15pm	3 7:45-11:45am No AdvantEdge Off due to 4th of July holiday
4 	5 5:30-9:00am Ballet / Stretch 2:00-3:15pm 3:45-5:45pm	6 4:15-5:45pm *Club Ice	7 5:30-8:30am 8:30-9:00am MIF Turns Class 3:45-5:45pm	8 5:30-8:30am 8:30-9:00am Program Run Through	9 5:30-8:30am 8:30-9:00am High Conditioning 3:15-5:15pm	10 7:45-9:45am ADV & Creative Movement 9:45-10:30am
11 SFSC Test Session See Summittfsc.org for test schedule	12 5:30-8:30am Ballet / Stretch 2:00-3:15pm 3:45-5:45pm	13 3:45-4:15pm 4:15-5:45pm *Club Ice	14 5:30-8:30am 3:45-5:45pm	15 5:30-8:30am 8:30-9:00am Program Run Through	16 5:30-8:30am 3:15-5:15pm	17 7:45-9:45am ADV & Creative Movement 9:45-10:30am
18	19 5:30-9:00am Ballet / Stretch 2:00-3:15pm 3:45-5:45pm	20 3:15-4:00pm Off-Ice Jump Class 4:15-5:45pm *Club Ice	21 5:30-8:30am 8:30-9:00am MIF Turns Class 3:45-5:45pm	22 5:30-8:30am 8:30-9:00am Program Run Through	23 5:30-8:30am 8:30-9:00am High Conditioning 3:15-5:15pm	24 7:45-9:45am ADV & Creative Movement 9:45-10:30am
25	26 5:30-9:00am Ballet / Stretch 2:00-3:15pm 3:45-5:45pm	27 3:15-4:00pm Off-Ice Jump Class 4:15-5:45pm *Club Ice	28 5:30-8:30am 8:30-9:00am MIF Turns Class 3:45-5:45pm	29 5:30-8:30am 8:30-9:00am Program Run Through	30 5:30-8:30am 8:30-9:00am High Conditioning 3:15-5:15pm	31 7:45-9:45am ADV & Creative Movement 9:45-10:30am