

Hockey... the coolest class in town!



Enrolling now for our popular
Spring 2010 Hockey 1-4 Basic Skills Class!
Learn skating fundamentals that lead to hockey basics, meet new friends and participate in the triad's most unique sport!

Student Benefits:

- ◆ 30 minute lesson once a week on Tuesdays at 5:45pm (March 2nd through April 27th) **OR** Saturdays at 10:45am (March 6th through May 1st).
- ◆ No classes Tuesday, March 30th or Saturday, April 3rd due to Spring Break. These classes are scheduled days off and therefore not included in tuition. The spring term is 8 classes over 9 weeks.
- ◆ Free skate rental for class.
- ◆ Ice House ID card with 8 complimentary public skate admissions - skate rental not included. \$3 public skate admission, skate rental not included, after all 8 complimentary admissions are used.
- ◆ Two make-up class opportunities, which must be taken by the end of the current semester on the alternate class day. No more than 8 classes may be taken in the term.
- ◆ \$0.25 soda drinks in eatery for student only with ID card.
- ◆ 10% off regularly priced merchandise in the Pro Shop with ID card.
- ◆ Membership with US Figure Skating Basic Skills program along with Basic Skills progress book (given once) and participation badge (given annually).
- ◆ Sports Accident Insurance.

Important Information:

- ◆ Dress warmly in layers. Wear gloves or mittens and only 1 pair of long socks.
- ◆ Arrive 15 minutes early & present your class card at the front desk each week to check in.
- ◆ Proceed to skate rental to obtain **hockey** skates.
- ◆ Skates should fit snugly & be tied tightly from the toe up.
- ◆ Hockey equipment is not required.
- ◆ All elements will be taught without a stick or puck as the introduction and mastery of proper skating techniques are the primary focus. The objective of the class is to develop solid skating skills to better prepare skaters for game play.

8 Hockey Classes for \$90!

**Plus \$10 discount through
February 27th!**

- ◆ **Hockey 1 Class** (new enrollees) 6 years & up
- ◆ **Hockey 2-4 Class** (skaters who have passed Hockey 1, 2 or 3)

(Skaters 4 or 5 years old must register for the Snowplow Sam class—please see front desk for details.)

Tuesday classes meet from 5:45pm-6:15pm
Saturday classes meet from 10:45am-11:15am

Minimum enrollment required and classes may be combined at Skating Director's discretion

The hockey curriculum was developed through a collaborative effort by USA Hockey and the Basic Skills Committee of US Figure Skating. The objectives of Hockey 1-4 are to teach the fundamentals of hockey skating. Skaters will learn the necessary basics for future success in game situations.

Skaters passing Hockey 3 may advance to the Learn to Play course (please see separate flyer).

However, for maximum skill development, it is strongly recommended that students complete all 4 Hockey levels.

Some skaters elected to participate in Hockey 4 & GYHA Learn to Play to increase ice and instruction time!



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