

Power Stroking Class

Time: 10:00–10:45am

\$120

Saturdays, March 6th–May 1st

Power Class with Interp!

A power stroking class on Saturdays, March 6th through May 1st from 10-10:45am. There will be no class on Saturday, April 3rd due to Spring Break.

This class will be catered to advanced figure skaters (passed Preliminary Moves and up) who would like to improve their power and edgework through on-ice drills and endurance training.

The stroking class will be held in conjunction with AdvantEdge; skaters should check with their private lesson coach to determine which class is best suited to their needs.

30 minutes of the Power Stroking class will be devoted to stroking exercises with the last 15 minutes of class joining the artistic segment of AdvantEdge.

Class Dates:

Saturday, March 6th through May 1st (no class April 3rd)

8-class session: \$120 / walk-on rate: \$20 per class

\$10 enrollment discount for skaters enrolled in any other “Learn to” class.